



## Bobbi L. Mathern

Master of Science, Licensed Marriage & Family Therapist

### Schooling/Educational Background

B.A. Psychology - University of Wisconsin, La Crosse

M.S. Counseling and Marriage & Family Therapy - Minnesota State University, Mankato

### Licensure

Licensed Marriage & Family Therapist, Minnesota Board of Marriage and Family Therapy

### Credentials

Master of Science, Licensed Marriage & Family Therapist

### Years of Experience

2 Years as a Children's Mental Health Case Manager

9 Years as a Marriage & Family Therapist

### Competencies

Providing Individual, Marital and Family Therapy to People Ages 7 years and Above

### Special Interests/Skills Area

Adolescents, DBT for Adults and Adolescents, Depression, Anxiety, ADHD and Adjustment Difficulties