

ADULT CASE MANAGEMENT SERVICES

HRC provides Adult Mental Health Targeted Case Management services to residents of Dodge, Steele and Waseca counties. Case managers help clients access needed medical, social, educational, vocational and other necessary services as they relate to the client's mental health needs.

SCHRC Case Managers work as a team with you to ensure that you receive the support and services that best meet your needs.



Providing positive direction for life's problems.



Providing Direction for Life's Problems Since 1964

South Central Human Relations Center complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATTENTION: If you speak another language, language assistance services, free of charge, are available to you. Please request these when you set up your appointment.

South Central Human Relations Center cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Por favor pida este servicio cuando haga su cita.

Xarunta South Central Human Relations Center ayaa u hoggaansan sharciyada xuquuda dadwaynaha ee Federaalka oo kuma kala takoorto dadka iyada oo ku salaysan isir, midab, asal qaran, da', naafanimo, ama jinsiga. FIIRO GAAR AH: Haddii aad adigu ku hadasho, adeegyada ka caawinta luqadda ayaad lacag la'aan ku heli kartaa. Fadlan weyddiso adeeggaas markaad qabsanayso ballanta.

For more information on South Central Human Relations Center service locations and eligibility requirements, please contact us at:

South Central Human Relations Center

610 Florence Avenue
Owatonna, MN 55060

Phone: 507-451-2630
Toll Free: 1-800-722-0590

Fax: 507-446-1215

E-mail: contactschrc@schrc.com

www.schrc.com



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ADULT MENTAL HEALTH TARGETED CASE MANAGEMENT

TEL: 507-451-2630
1-800-722-0590

WWW.SCHRC.COM

ADULT MENTAL HEALTH TARGETED CASE MANAGEMENT



ADULT MENTAL
HEALTH TARGETED
CASE MANAGEMENT
SERVICES ARE
DESIGNED TO HELP
ADULTS WITH
SERIOUS AND

PERSISTENT MENTAL ILLNESS (SPMI) GAIN ACCESS TO NEEDED MEDICAL, SOCIAL, EDUCATIONAL, VOCATIONAL AND OTHER NECESSARY SERVICES AS THEY RELATE TO A PERSON'S MENTAL HEALTH NEEDS.

CASE MANAGERS HELP INDIVIDUALS ACCESS NEEDED COMMUNITY RESOURCES, NOT JUST MENTAL HEALTH SERVICES. COMMONLY USED SERVICES INCLUDE ASSISTANCE APPLYING FOR HEALTHCARE COVERAGE, LOCATING AFFORDABLE HOUSING, OBTAINING MENTAL HEALTH/MEDICAL/DENTAL/VISION SERVICES, APPLYING FOR FINANCIAL BENEFITS, APPLYING FOR VOCATIONAL TRAINING PROGRAMS, ETC.

CASE MANAGEMENT SERVICES ARE USUALLY PROVIDED IN THE CLIENT'S HOME AND COMMUNITY.

THE SCHRC CASE MANAGEMENT TEAM WORKS WITH YOU TO ENSURE YOU RECEIVE THE SUPPORT AND SERVICES NEEDED TO BEST MEET YOUR NEEDS AND TO IMPROVE YOUR OVERALL HEALTH AND WELL-BEING.

Adult Case Management Services Include

- Assessment of your functioning along with areas of strength and need.
- Assistance with development of goals that will enhance your quality of life.
- Help in identifying and developing both natural and community resources to help you achieve your goals
- Assistance with coordinating, referring and monitoring needed services.
- Advocacy to ensure you have access to needed services.
- Assistance finding and arranging transportation services.

Qualifications

To qualify for Adult Mental Health Targeted Case Management you must have a serious and persistent mental illness (SPMI). The State of Minnesota defines SPMI as falling into one of the following categories:

1. If you have been hospitalized for mental health two or more times in the past 24 months; or
2. If you have had an inpatient mental health hospitalization or residential treatment exceeding 6 months in the preceding 12 months; or
3. If you have been treated by a crisis team two or more times in the preceding 24 months; or
4. If you have a diagnosis of Schizophrenia (including Schizoaffective Disorder), Major Depressive Disorder, Bipolar Disorder or Borderline Personality Disorder; have significant functional impairments and a statement from a mental health professional stating that without case management services you are at a significant risk of mental health hospitalizations or residential treatment; or
5. If, in the past three years you have been committed by a court as a mentally ill person, or your commitment

has been stayed or continued; or

6. If you are presently receiving Children's Mental Health Case Management services, are about to turn age 18 and have a written statement from a mental health professional stating that without case management services you are at a significant risk of mental health hospitalizations or residential treatment..

If you meet the above criteria, you *may* qualify for Adult Mental Health Targeted Case Management services.

To Make a Referral

Please contact the Adult Case Management Intake Clinician at:

507-455-8111 or 1-800-722-0590

South Central Human Relations Center

610 Florence Avenue (Main Office Location)
Owatonna, MN 55060

204 2nd Street NW
Waseca, MN 56093

17 5th Street SE
Kasson, MN 55944

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